

An antipsychotic

Trifluoperazine (try-flu-o-peh-rah-zeen)

You should read this leaflet with your carer/care giver.



Trifluoperazine:

- Is also called Stelazine.
 - Come as tablets, capsules or liquid.
- Trifluoperazine is used for schizophrenia and psychosis.
 - Trifluoperazine is sometimes used for people who are distressed. There is no clear evidence that it improves someone's behaviour.

The label on your Trifluoperazine packet should tell you when and how much medicine to take.

Swallow your tablet or capsule with water or measure and swallow the liquid.

If you forget to take your medicine, tell someone straight away.

You should carry on taking your medicine even if you feel better unless your doctor asks you to stop.

Drinking alcohol when taking trifluoperazine could make you feel sleepy.

Some medicines do not work well together.

You should tell your doctor about any other medicines you are taking.

Side effects:

- Medicine can have some effects on your body that are not wanted.
- Not everyone taking a medicine will get them.
- Many will go away with time.
- Many are rare.

You might want to talk to your doctor or the pharmacist or your key worker if you have any side effect.

These are some (but NOT all) side effects of Trifluoperazine ...



- Feeling sleepy or sluggish and tired
- Feeling more restless and agitated
- Feeling stiff or have shakes in hands and body
- Feeling dizzy when you stand up (check blood pressure)
- Putting on weight (check weight regularly)
- May increase your blood sugar level (check blood test)
- May lead to diabetes (check blood test)
- May increase your blood fat (cholesterol) (check blood test)
- You may lose interest in sex
- May affect your heart function (check ECG)
- Headache
- Constipation or upset tummy



- Get sunburnt easily (take precaution)
- In women, menstrual periods may change (check blood test)
- Dry mouth
- You have blurred vision or things look fuzzy
- Men may develop breasts and, in both men and women, there may be secretion of breast milk (check blood test)

Some side effects are more serious.

You should tell someone straight away if you have...

- High temperature and stiffness (check blood test)
- Shaky movements in face, mouth, arms and legs
- Sweating and loss of senses (check blood test)
- Problems with weeing

You should talk to your doctor before you stop taking your medicine.

Sometimes, if you stop taking your medicine, you may have:

- Vomiting
- Feeling dizzy and faint
- Shaking
- Restlessness and anxiety





This leaflet does not tell you everything about trifluoperazine.

You can get more information from:

- your pharmacist, doctor, nurse or carer/ care giver
- check <http://www.choiceandmedication.org/cnwl/>
- NHS on 111
- medicine information helpline on 020 3317 5090.

This leaflet can be downloaded free of charge from

<https://spectrom.wixsite.com/project/>

While preparing this leaflet we checked information in...

- The British National Formulary (www.bnf.org)
- Dulcan, M. K., & Ballard, R. (2015). *Helping parents and teachers understand medications for behavioural and emotional problems: A resource book of medication information handouts*. American Psychiatric Publishing, Washington DC, USA.

This leaflet is not designed for people with intellectual/learning disabilities to read on their own. Support (care) staff or care givers should go through the leaflet with the person who has intellectual disabilities.

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